



Synoptic **AGENDA**

9TH EDITION

08 – 11 December, 2026

Dakar – Senegal

Theme:

Mental Health in Africa: Equity and Integration into
Primary Health Care – Where Do We Stand?



9TH EDITION

GALIEN FORUM AFRICA

Dakar – Senegal



MONDAY, DECEMBER 7, 2026



YOUTH PRE-FORUM

Closing of the Global Health Africa Youth Academy (GHAYA) YOUTH LEADERSHIP ACADEMY
"African Youth in Action: Leadership and Innovation at the Heart of Mental Health"



TUESDAY, DECEMBER 8, 2026

OFFICIAL OPENING & YOUTH FORUM

8:30 AM – 9:00 AM

Welcome and Seating of Participants

9:00 AM – 10:15 AM

OFFICIAL OPENING CEREMONY OF THE GALIEN FORUM AFRICA

10:15 AM – 10:30 AM

HEALTH BREAK

Youth Forum Theme: "Young Innovators Shaping Africa's Mental Health Future"

10:30 AM – 11:00 AM

Summary of Academy Work

11:00 AM – 11:45 AM

Session: Where Are They Now?
Follow-up on meetings between young innovators and investors
from previous Galien Forum Africa.
Keynote: *The mental resilience of entrepreneurs.*

11:45 AM –
1:30 PM

**Meeting between young innovators,
entrepreneurs and investors**

*Pitches by the 6 finalists (4 Innovations + 2
Research Projects) before the International
Jury and investors.*

**Investors and experts:
Innovators and researchers:**

- West Africa
- Central Africa
- East Africa
- Southern Africa
- North Africa
- Diaspora

1:30 PM – 3:00 PM

LUNCH BREAK

3:00 PM – 4:30 PM

Open Forum
Theme: *"Integrating mental health into primary health care:
What strategies for genuine equity?"*

4:30 PM – 5:00 PM

Summary and Close of Day

From 5:00 PM

Youth Forum Closing Ceremony
GHAYA Afterwork

7:30 PM – 9:00 PM

Ministers' Dinner: Regional vaccination initiatives (zero-dose)
(Invitation only)



WEDNESDAY, DECEMBER 9, 2026

WOMEN'S FORUM

Theme : "Place of women in Africa's Mental Health Agenda"

8:30 AM – 9:00 AM

Welcome and Seating of Participants

Opening Keynote

"An Overview of the Major Mental Health Challenges Facing Women in Africa."

9:00 AM – 10:30 AM

Opening Panel

"Mental Health in Africa: Women's Leadership at the Heart of Transformative Policies and Partnerships."

Guest of Honour: First Lady of the Republic of Senegal, Health Pillar Ambassador of Fondation Nationale Senegal Solidaire.

10:30 AM – 11:00 AM

HEALTH BREAK : Inspiration Wall & Official Visit to Exhibitions

Session 1 :

"Integrating mental health into primary health care to ensure women, children and adolescents have equitable access to comprehensive, continuous and person-focused care."

Session 2 :

"Integrating women's mental health into STEM and research in Africa: an imperative for excellence and innovation"

Official Launch of the First Cohort of the Galien Africa Women's Mentorship Network.

11:00 AM – 1:00 PM

1:00 PM – 3:00 PM

LUNCH BREAK – Networking Bingo

Session 3 : Wellness Corner

Rethinking Mental Health in Africa through Well-being: The Decisive Contribution of Women

Session 4 : Human Resources Management in Health

Mental Health of Women in the Health Workforce: A Key Lever for Better Quality of Care in Africa

3:00 PM – 5:00 PM

Side Events

From 8:00 PM

Launch Dinner of the African Confederation of Women's Community Health Initiatives

(Invitation only)



THURSDAY, DECEMBER 10, 2026

SCIENTIFIC FORUM

8:30 AM – 9:00 AM

Welcome and Seating of Participants

9:00 AM – 9:45 AM

Opening Panel:

Mental Health in Africa: Equity and Integration into Primary Health Care – Where Do We Stand?

9:45 AM – 11:00 AM

Opening Ministerial Session

Mental Health, Equity and Health Sovereignty in Africa

11:00 AM – 11:30 AM

HEALTH BREAK

11:30 AM – 1:00 PM

Session 1 :

Rights-Based Approach to Mental Health and Social Inclusion

Session 2 :

Integration of Mental Health into Primary Health Care, Human Resources and Capacity Building

1:00 PM – 2:30 PM

LUNCH BREAK & SYMPOSIUM

Mental Health and Climate Change / Heat Waves

3:00 PM – 4:30 PM

Session 3 :

Mental Health in Health Research, Innovation, Digital Health and Artificial Intelligence (AI)

Session 4 :

Financing the integration of mental health into primary health care, Governance and public policies.

4:30 PM – 5:30 PM

SUMMARY AND CLOSING OF THE FORUM

Side Events

From 8:00 PM

Deans' Dinner: Place and Role of Universities in integrating mental health into Primary Health Care.*(Invitation only)*



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FRIDAY, DECEMBER 11, 2026

CELEBRATION DAY



PRIX GALIEN AFRICA 2026 AWARD CEREMONY

***Under the High Patronage of H.E. Bassirou Diomaye Diakhar Faye,
President of the Republic of Senegal.***